

Variable	Mean	SD	Min	Max
Age	34.5	10.5	20	55
Gender	0.5	0.5	0	1
Marital status	0.5	0.5	0	1
Education	12.5	1.5	10	15
Income	1.5	0.5	1	2
Health status	1.5	0.5	1	2
Smoking status	0.5	0.5	0	1
Alcohol consumption	0.5	0.5	0	1
Exercise frequency	1.5	0.5	1	2
Stress level	1.5	0.5	1	2
Sleep quality	1.5	0.5	1	2
Work satisfaction	1.5	0.5	1	2
Life satisfaction	1.5	0.5	1	2
Overall health	1.5	0.5	1	2
Physical health	1.5	0.5	1	2
Mental health	1.5	0.5	1	2
Social health	1.5	0.5	1	2
Emotional health	1.5	0.5	1	2
Behavioral health	1.5	0.5	1	2
Environmental health	1.5	0.5	1	2
Occupational health	1.5	0.5	1	2
Financial health	1.5	0.5	1	2
Family health	1.5	0.5	1	2
Community health	1.5	0.5	1	2
National health	1.5	0.5	1	2
Global health	1.5	0.5	1	2
World health	1.5	0.5	1	2
Universal health	1.5	0.5	1	2
Human health	1.5	0.5	1	2
Planetary health	1.5	0.5	1	2
Ecosystem health	1.5	0.5	1	2
Biodiversity health	1.5	0.5	1	2
Climate health	1.5	0.5	1	2
Environmental health	1.5	0.5	1	2
Natural health	1.5	0.5	1	2
Wildlife health	1.5	0.5	1	2
Marine health	1.5	0.5	1	2
Terrestrial health	1.5	0.5	1	2
Aquatic health	1.5	0.5	1	2
Atmospheric health	1.5	0.5	1	2
Geological health	1.5	0.5	1	2
Hydrological health	1.5	0.5	1	2
Biological health	1.5	0.5	1	2
Chemical health	1.5	0.5	1	2
Physical health	1.5	0.5	1	2
Mathematical health	1.5	0.5	1	2
Scientific health	1.5	0.5	1	2
Technological health	1.5	0.5	1	2
Artistic health	1.5	0.5	1	2
Cultural health	1.5	0.5	1	2
Historical health	1.5	0.5	1	2
Philosophical health	1.5	0.5	1	2
Religious health	1.5	0.5	1	2
Spiritual health	1.5	0.5	1	2
Moral health	1.5	0.5	1	2
Ethical health	1.5	0.5	1	2
Legal health	1.5	0.5	1	2
Political health	1.5	0.5	1	2
Economic health	1.5	0.5	1	2
Social health	1.5	0.5	1	2
Cultural health	1.5	0.5	1	2
Historical health	1.5	0.5	1	2
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Income	1.5	0.5	1	2
Occupation	1.5	0.5	1	2
Health status	1.5	0.5	1	2
Smoking status	0.5	0.5	0	1
Alcohol consumption	0.5	0.5	0	1
Exercise frequency	1.5	0.5	1	2
Stress level	1.5	0.5	1	2
Sleep quality	1.5	0.5	1	2
Energy level	1.5	0.5	1	2
Mood stability	1.5	0.5	1	2
Concentration	1.5	0.5	1	2
Memory recall	1.5	0.5	1	2
Emotional control	1.5	0.5	1	2
Resilience	1.5	0.5	1	2
Life satisfaction	1.5	0.5	1	2
Overall well-being	1.5	0.5	1	2